## Becoming Capable

Inuit define a capable human being as a person who is able to achieve skilled independence. By this it is meant that they are highly skilled and able to be self-reliant to a level of mastery in certain areas in their life. This self-reliance is balanced by a set of core beliefs and attitudes which ensure that the person uses his/her skills to serve and care for others and to improve the common good. A capable human being does not cause worry to others in the way s/he lives life. S/he supports others in every way through care and service to the community.