

6 Foundational Inunnguiniq Principles

1. Develop habits for living a good life

- Finish what you start and persevere in life
- Continually plan ahead and be well-organized
- Take care of your belongings and develop strong skills
- Listen to the teachings and apply them in life

2. Show compassion, serve others and build relationships

- Anticipate the needs of others
- Serve willingly
- Show love that is enabling
- Discuss openly, communicate well

3. Rise above hardship by always looking for solutions

- Be adaptable and focus on the future
- Be capable so that others will have confidence in you
- Identify your needs and do not seek what you do not need
- Apply knowledge to experiences
- Seek understanding of the things around you

4. Recognize the uniqueness of each individual

- Set high expectations
- Identify skills and nurture them
- Never confuse the child
- Focus on strengths
- Be present in your community

5. Be heart-centred (Build a strong moral character)

- Show humanity
- Behave ethically
- Be self-reliant
- Show respect, be responsible and be accountable

6. Always take steps to make improvements

- Start with sewing the seeds of how to do something
- Start with where a person/child is at
- Expect progress
- Show how to do something and expect the person/child to do what is shown
- Never give up on the child/person learn